Docosahexaenoic acid (DHA) is an omega-3 fatty acid that is a primary structural component of the human brain, cerebral cortex, skin and retina. It can be synthesized from alpha-linolenic acid or obtained directly from maternal milk or fish oil. DHA supplementation for children, pregnant women DHA supplemancy and lactation supports completely intended, pregnancy and lactation supports completely from breasteeding period from breastfeeding period

WARNING: If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.
KEEP OUT OF REACH OF CHILDREN
STORE IN A DRY COOL PLACE AND AVOID EXCESSIVE HEAT.
TAMPER RESISTANT: DO NOT USE IF IMPRINED SEAL UNDER CAP IS BROKEN OR MISSING.

## ALLNATURE

Dedicated To Your Health

## DHA 100 mg



## Supplement Facts Serving Size 1 Softgel <br> Amount Per Serving

DHA 100 mg *
(Docosahexaenoic Acid) ((from 445 mg Fish Oil)
*Daily Value not established.
Other ingredients: Gelatin, Vegetable Glycerin.
Contains fish (tuna) ingredients
Directions:
Children $1-12$ years: 1 softgel/day,
Children > 12 years, adults: 2 softgel/day
Pregnant \& breastfeeding women: 2-4 softgel/day. preferably with meal. As a reminder discuss the supplements and medications you take with your health care providers.

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Manufactured for: ALL NATURE PHARM INC
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